

# ÆNDRÉ

verb - verändern - to change

Welcome in our Deli - we are happy to have you!

We created an inspiring place for you. A place for connection. A place for discovery and exchange of ideas, for enthusiasm und curiosity. At ÆNDRÉ we believe the choices we make about how we live and consume, have a powerful impact on communities and global challenges. What we serve you is 100% plant based, seasonal and made mostly of organic ingredients from regional suppliers. And what we do with these foods is magic.

It's our biggest wish that you feel nourished, inspired and energized when you leave our Deli.

Warm regards

Janine & the Team

## **The Deli**

Order at the counter

Card payment only

## **Nourishing**

Seasonal Food - Natural Drinks

Breakfast & Lunch

## **Opening Hours**

Mon - Fri 9 - 15

Sat & Sun 9 - 16

Let's connect:

[hi@aendre.de](mailto:hi@aendre.de)

[Instagram.com/\\_aendre\\_](https://www.instagram.com/_aendre_)

[www.aendre.de](http://www.aendre.de)

# Breakfast

Monday - Friday 9 - 12 // weekends & public holidays 9 - 13

Choose your base & toppings by yourself or try our Perfect Porridge Combination.

## Sweet Base

<b>Fermented Oatporridge</b> <sup>2</sup>	7
<b>Changing Special Porridge</b>	7
<b>Bircher Muesli</b> <sup>1a,1b,1c,2,4</sup>	7
<b>Cashew Coconut Yoghurt</b> <sup>1d</sup>	8
<b>Green Tahini Smoothie bowl</b> broccoli, celery, spinach, ginger, tahini <sup>2,3,4</sup>	10
<b>Beetroot Berry Smoothie bowl</b> beetroot, berries, white beans, dates <sup>2</sup>	10
<b>Vanilla Sky Smoothie bowl</b> vanilla, coconut, cinnamon, nutmeg, cardamom <sup>2</sup>	10
<b>The Mocha Smoothie bowl</b> espresso, hazelnut, cacao <sup>1c,2</sup>	10

(All smoothiebowl include oats and bananas but they are also available glutenfree without oats.)

## Toppings

seasonal fruits & compote, tahini granola <sup>1a,4</sup> , rawnola <sup>1a</sup> , date caramel, nut butter <sup>1a,1c</sup>	each 1.9
cashew coconut yoghurt <sup>1d</sup>	2.4

<b>Perfect Porridge Combination</b> changing special with 4 seasonal toppings	13.6
-------------------------------------------------------------------------------	------

# Lunch

Monday - Friday 12 - 15 // weekends & public holidays 13 - 16

We offer changing seasonal stews and soups. You can have a look at the board placed on our counter or simply ask us.

## Seasonal Warm Lunch Dishes

<b>Seasonal soup</b>	9.5
<b>Polenta</b> <sup>8</sup> with seasonal veggies & toppings	13
<b>Seasonal Stews</b> with seasonal veggies & toppings	14.5

# All day

Monday - Friday 9 - 15 // weekends & public holidays 9 - 16

## Dishes with Sourdough Bread

<b>Warm Tomatoes &amp; Hummus</b> , oyster mushrooms, broccoli, tahini, herbal oil, sourdough <sup>2,4,8</sup>	15.5
<b>Sourdough Bread with Herbal Cashewquark</b> , seasonal dip & veggies, herbal oil & seeds <sup>1d,2,4,8</sup>	14
<b>Sourdough Bread with Hummus</b> , seasonal veggies, tahini, herbal oil & dukkah <sup>2,4,8</sup>	14

## Seasonal Salad

Lettuce, grains or legumes, potatoes, 3 portions seasonal veggies, dressing, roasted seeds & fresh herbs

<b>Small Salad</b> choose ingredients by yourself	12
<b>Large Salad</b> choose ingredients by yourself	15
<b>Small Creative Salad</b> our choice of ingredients	11
<b>Large Creative Salad</b> our choice of ingredients	14

### Extras

dressing, roasted seeds <sup>4</sup> , fresh herbs	each 1
slice of sourdough bread <sup>2,4</sup> , slice of seedbread <sup>1a,1c,4</sup> , nuts <sup>1b,1c</sup> , savory granola <sup>1c,5</sup>	each 2.5
hummus <sup>4,8</sup> , tempeh <sup>6</sup> , mushrooms <sup>8</sup> , herbal cashewquark <sup>1d,8</sup> , seasonal dip, seasonal veggies	each 3

## Cakes & Cookies

<b>Sweet Seasonal Bread</b> with / without frosting	5 / 4.5
<b>Seasonal Cashew Raw-Cheesecake</b> <sup>1a,1b,1d</sup>	5.5
<b>Mocha Bean Rawcake</b> <sup>1c</sup>	5.5
<b>Energy Squares</b> <sup>1b</sup>	4
<b>Sesame Miso Cookie</b> <sup>4</sup>	3.8

### Toppings

nut butter <sup>1a,1c</sup> , salted date caramal	Each 1.9
---------------------------------------------------	----------

# Drinks

## Refreshing & Juicy

Cold Pressed Juice 300ml	7
Fresh Orange Juice 200ml	4.5
Green Tahini Smoothie 300ml	7
Altländer Applejuice 200ml	3
Seasonal Spritzer 300ml	4
Water still / sparkling 300ml / 750 ml	3/ 4.5
Charitea Mate / Lemonaid Ginger 330ml	3.8
Homemade Water-Kefir < 0.5% 100ml	4

Cashew Milk <sup>1d</sup> iced / warm 5.5

Golden Saros

Matcha Cardamom

Masala + Espresso 1.00

Choc + Espresso 1.00

## Coffee

Espresso / Doppio	3/ 3.5
Espresso Macchiato	3.5
Americano + dash of plant milk 0.50	3.5
Cappuccino	4
Caffè Latte	4.5
Flat White	4.2
With oat milk <sup>2</sup> / pea milk	

Tea 4.8

Green - Sencha Yamato

Black - Darjeeling

Local Tea Blends 4.6

Calm

Immunity

Joy

Fresh herbal Tea 4.6

Ginger - Lemon

Sage, Mint or Thyme

Apple - Ginger



We offer everything for take away

Drinks

Recup (1.00 deposit) / paper cup (1.00 donation to freedom)

Glas bottle (1.00 packaging charges)

Food

Vytal boxes (download the Vytal app to borrow)

To-Go boxes / paper bag made from recycled materials (0.50 packaging charges)

Also visit us in our Restaurant at Schlüterstraße 86: Wed - Sat 10 - 22 & Sun 10 - 16